

San Bruno AYSO REGION 249 5U/Schoolyard Soccer Program

Parents,

To insure that your **2019 5U/Schoolyard "One with One"** soccer experience is a success for your child, Monday August 12, 2019 is your first opportunity to take the Basic Parents SafeHaven course. It lasts approximately 30 minutes and will be given at the lower Crestmoor Field starting promptly at 6pm. Remember, this course is Mandatory for the parent that will be participating on the field in our eight soccer training sessions. Parents must attend a Basic Parents Safe Haven course before the child may participate and receive a uniform and soccer ball. Immediately following the Safe Haven course, a uniform will be given to your child.

The "**One with One**" soccer experience sessions start the following Monday, August 19th from **6:00 pm to 7:15 pm** and continues through October 8th on Monday nights. August 19 is also the 2nd opportunity for parents to attend a Basic parents Safe Haven course that will be offered at 5:30 pm. The remaining uniforms will be handed out to players whose parents attend the course. At both Safe Haven training sessions the kids will be kept busy on the field with trained volunteers!

Then the fun really begins. Parents should wear comfortable clothes as you will be playing soccer with your child – "One with One." You will be leading them through warm ups, stretching and each evening 5U/Schoolyard "One with One"- designed soccer drills. The sessions will end with the players in a short sided organized game while parents help coach, referee and provide positive support and encouragement. Snacks will be provided for the players each night.

(Within the first few weeks of August, all registered players will receive a reminder email. You can also check our website for updates at our website [San Bruno AYSO](#))



AYSO Schoolyard Soccer for Kids & Parents

An innovative 8-week AYSO Soccer Learning Experience for parents
and their players between 4 and 5 years old

August 19, 2019 through October 7, 2019

Monday	Time	Event
8/12	6:00 - 6:30	Basic SafeHaven for parents*
8/19	5:00 - 5:30 6:00 - 7:15	Basic SafeHaven for parents* Soccer Time – Session 1
8/26	6:00 - 7:15	Soccer Time – Session 2
9/2	6:00 - 7:15	Soccer Time – Session 3 (this is Labor Day)
9/6	5:30 – 8:00	SoccerFest Parade at Crestmoor Field
9/9	6:00 - 7:15	Soccer Time – Session 4
9/16	6:00 - 7:15	Soccer Time – Session 5
9/23	5:30 - 6:45	Soccer Time – Session 6
9/30	5:30 - 6:45	Soccer Time – Session 7
10/07	5:30 - 6:45	Soccer Time – Session 8

- Players and parents are paired up for a 50 minute session of skills, drills and thrills
- Dress comfortably and be prepared to learn
- The kids will then play a 20 minute short sided game
- Parents & players will love this "one with one" weekly soccer experience which is the best introduction to soccer for our youngest players and their parents!

***ALL PARENTS MUST ATTEND**

A FREE ½ HOUR BASIC PARENTS SAFEHAVEN COURSE

Your child's safety is our highest priority